

**NEW HAMPSHIRE KATA FESTIVAL**

* Observe some of the nine judo kata being performed
* Demonstrate a kata and get expert feedback
* Join us for lunch afterward

Date: Saturday, May 6, 2023

Register and warm-up: 10:00 to 10:30 AM

Demonstrations: 10:30 to 12:30 PM

Discussions: 12:30 to1:00 PM

Location: University of NH

Hamel Recreation Center,

Studio 2

5 Edgewood Road, Durham, NH

(directions on next page)

Cost: Demonstrators, $10.00 per person

 Spectators welcome

\* check [www.nhjudo.org](http://www.nhjudo.org) for updates

Contact Jim Miller if you want to demonstrate a kata

or have any questions:

Email: sankawajudo@cs.com

Cell: 603-520-1880

**DIRECTIONS:**

From Route 95 N/S: Take exit 4 (on 95 North) or 5 (on 95 South) onto Route

16 North, Spaulding Turnpike. Take exit 6W (Route 4 West)

heading toward Concord. After passing the exit for Route 108,

there will be a traffic light at Madbury Rd.

Take a left onto Madbury Rd, then right onto

Edgewood Road. On the corner of Edgewood and Main St.

is the Whittemore Center.

From Route 101: Take exit 7 onto Route 125 and head north. Take the

first right onto Route 4 East at the traffic circle in Lee.

At the traffic light, take a right onto Madbury Rd, then

another right onto Edgewood Road. On the corner of

Edgewood and Main St. is the Whittemore Center.

From Route 4 East: Go halfway around the traffic circle in Lee, staying on

Route 4 east, then follow directions above for Rt. 101.

From Route 4 West: Follow last part of directions for Route 95

**PARKING:**

Free parking is available in the rear of Lot H on the corner of Edgewood Rd and Main St. Otherwise, take a right at Main St., go through the traffic light and over the bridge. Take the 1st right and proceed into Lot A.