**Sunday, January 14th at Tohoku Judo Club**

**2322 Massachusetts Ave. 2nd floor, Cambridge, MA**

**(beside Frank’s Steak House)**

TIME: SENIORS weigh-in from 9:30 – 9:45 AM competition begins approx. 10:00 am;

JUNIORS (under age 16) weigh-in from 12:30 – 1:00 pm, competition approx. 1:30 pm

AWARDS: Awards for 1st, 2nd, 3rd

RULES: Current IJF Contest Rules will be in effect except: there may be co-ed competition for ages 10 and below; Shimewaza is not permitted for competitors

ELIGIBILITY: Competitors with USJF, USJI, or USJA current affiliation are eligible to compete. MUST present current membership card.

$10/Tohoku/Rokushu members; $15/non-members

Dojo phone: 617-491-0520